

Living from Grace Presents

The Negative Love Bond™ Revealed:

Learning to Trust and Healing Our Ancestral Heritage

Led by Shelli Kae Nelson, RN, BS

Brennan Healing Science Practitioner, BS, Advanced Studies graduate

Grace Touch Practitioner

Eden Woods Center

6350 Indian Chief Road • Eden Prairie, MN

March 28 - 29, 2009

Why are our unhealthy patterns so difficult to change? How can they be healed?

Love produces a highly motivating chemical in the brain that satiates it with feelings of pleasure supreme. It allows the brain to find its resting pulse and develop healthy neurological pathways that secures ones' attachment with parents, family members, and friends etc. Over time, Negative Love™ experiences, behaviors or consciousness create stress to the limbic system whereby the child learns to secure their attachment with the parents by bonding from the negative rather than the positive. The negative behavior, belief system or emotional state is etched within the deep limbic system. The child or adult will recreate the negative love bond™ or pattern of immature love to secure an attachment. Any threat or change to the cycle can bring about undue stress and overwhelming feelings of death or fear of abandonment, or demonstrative expressions of controlled love.

Using the I AM Meditation and Grace Touch™ Healing techniques, Integrative Body Work, and Prayer, we can learn to reprogram our psyche to receive deep levels of divine trust as the foundation to heal our old traumas and addictive patterns. Through this healing and rebalancing, our lives transform into an expression of our true essence and our direct experience of living from grace.

Join us for two powerful and exciting days of Personal healing.
In the workshop you will learn and experience:

- Grace Touch Technique to restore Trust in the Limbic System
- How the Limbic system works and is naturally wired for the divine
- Kinesthetic Sensory Techniques for enhancing Healing skills
- Mapping your God Realization Genogram for Trust in the family
- Psychodrama experiential to heal and release Negative Love Bond Experience.

Contact Shelli Kae Nelson:

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Workshop Cost: \$275.00

includes lunch each day

\$50 discount if registered and deposit paid before March 1, 2009

Registration deadline:

Saturday, March 14, 2009

To register: Go to WWW.ShelliNelson.com and click on weekend workshops and specific event name for on-line registration form

Shelli Kae Nelson is a healer, counselor and intuitive.

She holds an advanced studies diploma from the Barbara Brennan School of Healing.

Her two-year education in Grace Touch™ will be completed in April of 2009.

Shelli has worked as a Registered Nurse clinician at Fairview Southdale Hospital since 1989. Here she pioneered the integrative healing program and wrote and conducted research studies determining the effectiveness of energy healing.

She sees clients weekly in her private practice in Eden Prairie, MN.

Shelli brings 24 years of education and experience in the art and science of healing to this workshop.